

### **Nigeria Centre for Disease Control and Prevention**

Protecting the health of Nigerians

Epi Week: 11 2023

www.ncdc.gov.ng

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# **Lassa fever Situation Report**

Epi Week 11: 13 March - 19 March 2023

### **Key Points**

Table 1: Summary of current week (11), cumulative Epi week 1- 11, 2023 and comparison with previous year (2022)

Reporting Period	Suspected cases	Confirmed cases	Probable cases	Deaths (Confirmed cases)	Case Fatality Ratio (CFR)	States and LGAs affected (Confirmed cases)
Current week (week 11)	268	38	0	14	36.8%	State(s): 9 LGA(s): 22
2023 Cumulative (week 1-11)	3826	784	4	142	18.1%	State(s): 23 LGA(s): 97
2022 Cumulative (week 11)	3361	659	28	123	18.7%	State(s): 23 LGA(s): 91

### **Highlights**

- In week 11, the number of new confirmed cases decreased from 70 in week 10 2023 to 38 cases. These were reported from Edo, Ondo, Ebonyi, Bauchi, Taraba, Benue, Rivers, Plateau, and Nasarawa States (Table 3)
- Cumulatively from week 1 to week 11, 2023, 142 deaths have been reported with a case fatality rate (CFR) of 18.1% which is lower than the CFR for the same period in 2022 (18.7%)
- In total for 2023, 23 States have recorded at least one confirmed case across 97 Local Government Areas (Figures 2 and 3)
- Seventy-one (71%) of all confirmed Lassa fever cases were reported from these three states (Ondo, Edo, and Bauchi) while 29% were reported from 6 states with confirmed Lassa fever cases. Of the 71% confirmed cases, Ondo reported 32%, Edo 29%, and Bauchi 10%
- The predominant age group affected is 21-30 years (Range: 1 to 93 years, Median Age: 32 years). The male-to-female ratio for confirmed cases is 1:0.9 (Figure 4)
- The number of suspected cases increased compared to that reported for the same period in 2022.
- One new Healthcare worker was affected in the reporting week 11
- National Lassa fever multi-partner, multi-sectoral Emergency Operations Centre (EOC) activated to coordinate the response activities at all levels

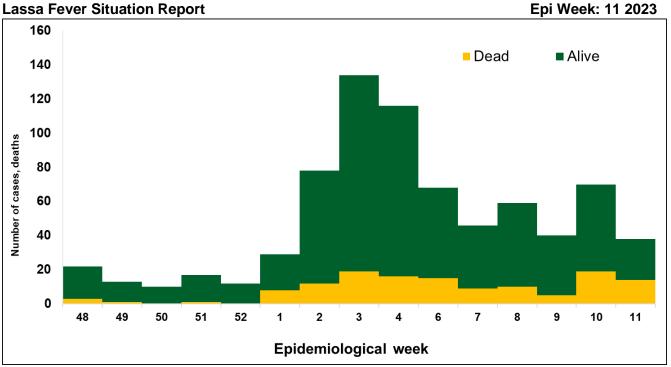


Figure 1. Confirmed Lassa fever cases in Nigeria epidemiological week 48, 2022 to week 11, 2023

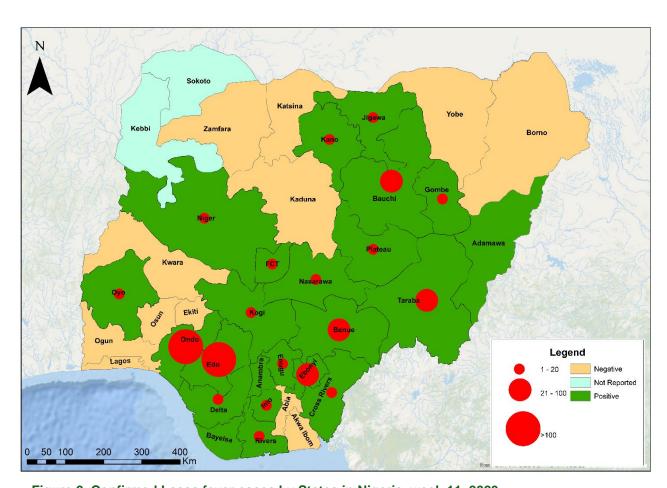


Figure 2. Confirmed Lassa fever cases by States in Nigeria, week 11, 2023

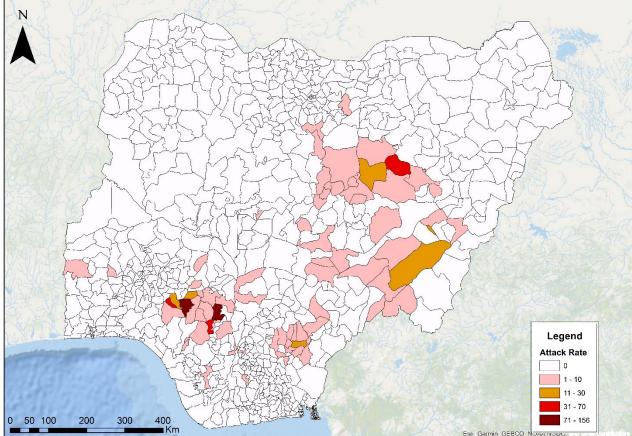


Figure 3. Confirmed Lassa fever rate per 100,000 population for LGAs in Nigeria, week 11, 2023

Table 2: Key indicators for current week 2023 and trend compared to the previous week, Nigeria

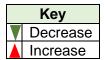
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Symptomatic contacts	Number for current week	Trend from previous week	Cumulative number for 2023	
Probable cases	0	←→	4	
Health Care Worker affected	1	←→	35	
Cases managed at the treatment centres	24	1	642	
Contact tracing				
Cumulative contact listed	230	<b>↑</b>	3452	
Contacts under follow up	1066	<b>↑</b>	1066	
Contacts completed follow up	0	<b>\</b>	2383	
Symptomatic contacts	0	←→	14	
Positive contacts	4	<b>↑</b>	21	
Contacts lost to follow up	0	←→	0	

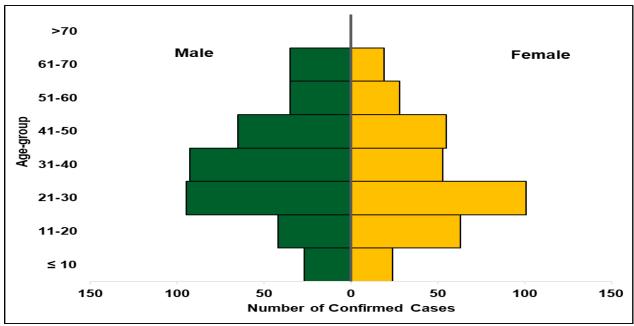
Key Increase Decrease No difference

Table 3. Weekly and Cumulative number of suspected and confirmed cases for 2023

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			Cur	rent we	ek: (Week 11		Cumula	tive (Week 1	- 11 )	
		Cases				Deaths				Deaths(Confirmed
	States	Suspected	Confirmed	Trend	Probable HCW*	(Confirmed Cases)	Suspected	Confirmed	Probable HCW	* Cases)
1	Ondo	46	5	. 🔻		4	974	249		9 30
2	Edo	106	12			2	1330	231		4 30
3	Bauchi	31	. 7	_		4	547	78	1	7 14
4	Taraba	9	3	<b>_</b>		1	197	70		3 25
5	Ebonyi	17	3	▼		3	151	49		3 27
6	Benue	28	4	<b>_</b>			109	36	2	1 3
7	Plateau	5	2	_			48	14		1 2
8	Nasarawa	8	1		1		115	14		4 2
9	Kogi	2		_			29	10		1 1
10	Gombe	2					26	6		
11	Kano	1					34	4		
12	Jigawa	2		▼			12	3		
13	Oyo			•			14	3		1
14	Enugu						22	3		1
15	Bayelsa	6		_			27	2		1
16	Anambra						29	2		1 2
17	Fct						42	2		
18	Delta						16	2		1
19	Cross River	3		_			13	2		1
20	Adamawa						3	1		
21	Niger						4	1		
22	Rivers	1	1				6	1		
23	lmo						12	1		2
24	Borno						1			
25	Katsina						1			
26	Zamfara						1			
27	Abia						5			
28	Akwa-Ibom						2			
29	Yobe	1					6			
30	Ekiti						4			
31	Ogun						10			
	Kwara						6			
33	Osun						7			
34	Kaduna						15			
	Lagos						7			
	_									
	Total	268	38	_	0 1	14	3825	784	3 3	5 142





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Figure 4. Age and sex pyramid showing the number of confirmed Lassa fever cases for 2023

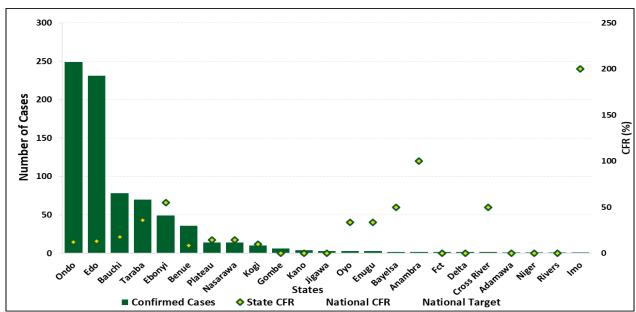


Figure 5: Number of confirmed cases with case fatality rate (CFR) by state week 11, 2023

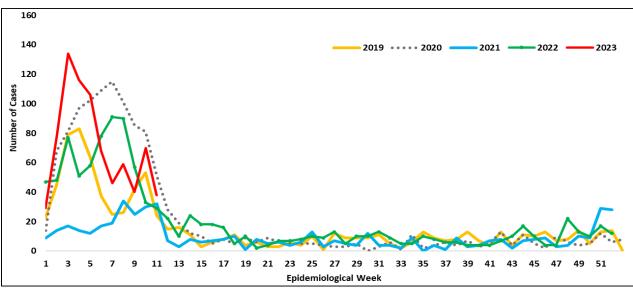


Figure 6: Trend of confirmed cases by epidemiological week, 2019-2023, Nigeria

### Response activities

- Intensive response activities through a one-health approach in affected LGAs
- Designed a tool to collect geo-points for all Lassa fever confirmed cases in the States
- Update of VHF Case Investigation Form (CIF) database
- Enhanced surveillance (contact tracing and active case finding) in affected states.
- Monitoring of outbreak emergency composite indicators to guide action
- Implementation of targeted risk communication activities in most affected States
- Diagnosis of all samples in the Eight Lassa fever testing laboratories across the country
- External Quality Assurance (EQA) panel preparation for all testing laboratories ongoing
- Dissemination of reviewed IPC guideline, health facility IPC advisory and healthcare worker advisories

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- Deployed NRRT to 6 states Bauchi, Benue, Ebonyi, Edo, Ondo & Taraba
- · Periodic implementation of vector control measures in Edo and Ondo States
- Sent Lassa fever alert letters to Governors' forum, State Ministries of Health, professional bodies (NMA, MDCAN, NARD, NDA, MWAN, AGPMPN, AMLSN, NANNM) etc.
- · Conducted Lassa fever risk assessment
- Confirmed cases are treated at identified treatment centres across the states.
- Dissemination of reviewed case management and safe burial practices guidelines
- 1st Draft of protocol for identification and management of LF in pregnant women completed
- Mortality review of Lassa fever deaths
- In-depth investigation of healthcare worker infections
- External Quality Assurance (EQA) panel preparation for all testing laboratories ongoing
- Distribution of response commodities -PPEs, Ribavirin (injection and tablets) body-bags, thermometers, hypochlorite hand sanitizers, IEC materials distributed to states and treatment centres. Implementation of Nigeria Lassa fever epidemiological Study supported by CEPI
- Multi-sectoral Public Health Emergency Operation Centres (PHEOC) activated at the National and affected States

### Challenges

- Late presentation of cases leading to an increase in CFR
- Poor health-seeking behaviour due to the high cost of treatment and clinical management of Lassa fever
- Poor environmental sanitation conditions observed in high-burden communities
- Poor awareness observed in high-burden communities

### Notes on this report

Data Source

Information for this disease was case-based data retrieved from the National Lassa fever Emergency Operations Centre.

#### Case definitions

- Suspected case: any individual presenting with one or more of the following: malaise, fever, headache, sore throat, cough, nausea, vomiting, diarrhoea, myalgia, chest pain, hearing loss and either a. History of contact with excreta or urine of rodents b. History of contact with a probable or confirmed Lassa fever case within a period of 21 days of onset of symptoms OR Any person with inexplicable bleeding/hemorrhagia.
- **Confirmed case**: any suspected case with laboratory confirmation (positive IgM antibody, PCR or virus isolation)
- Probable case: any suspected case (see definition above) who died or absconded without collection of specimen for laboratory testing
- **Contact:** Anyone who has been exposed to an infected person, or to an infected person's secretions, excretions, or tissues within three weeks of last contact with a confirmed or probable case of Lassa fever

#### Calculations

• Case Fatality Rate (CFR) for this disease is reported for confirmed cases only

### VIRAL HAEMORRAGHIC FEVER QUICK REFERENCE GUIDE

For social mobilization <a href="https://ncdc.gov.ng/themes/common/docs/vhfs/83\_1517222929.pdf">https://ncdc.gov.ng/themes/common/docs/vhfs/83\_1517222929.pdf</a>
For LGA Rapid Response Team <a href="https://ncdc.gov.ng/themes/common/docs/vhfs/82\_1517222811.pdf">https://ncdc.gov.ng/themes/common/docs/vhfs/82\_1517222811.pdf</a>
Healthcare worker laboratory <a href="https://ncdc.gov.ng/themes/common/docs/vhfs/81\_1517222763.pdf">https://ncdc.gov.ng/themes/common/docs/vhfs/81\_1517222763.pdf</a>
For community informant <a href="https://ncdc.gov.ng/themes/common/docs/vhfs/80\_1517222586.pdf">https://ncdc.gov.ng/themes/common/docs/vhfs/80\_1517222586.pdf</a>
For community informant <a href="https://ncdc.gov.ng/themes/common/docs/vhfs/79\_1517222512.pdf">https://ncdc.gov.ng/themes/common/docs/vhfs/80\_1517222586.pdf</a>

#### NATIONAL GUIDELINES FOR LASSA FEVER CASE MANAGEMENT

https://ncdc.gov.ng/themes/common/docs/protocols/92 1547068532.pdf

#### VIRAL HAEMORRHAGIC FEVER AND RESPONSE PLAN

https://ncdc.gov.ng/themes/common/docs/protocols/24 1502192155.pdf

## NATIONAL GUIDELINE FOR INFECTION, PREVENTION AND CONTROL FOR VIRAL HAEMORRAGHIC FEVER

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https://ncdc.gov.ng/themes/common/docs/protocols/24\_1502192155.pdf

#### **INFROMATION RESOURCE**

Nigeria Centre for Disease Control: www.ncdc.gov.ng