



CORONAVIRUS (COVID-19)

**PREVENT
COVID-19 SPREAD**



**Regularly and
thoroughly wash hands
with soap under running water
or use alcohol-based sanitiser if
water is not available**



NCDC Toll-free Number: 080097000010

SMS: 08099555577 / Whatsapp: 07087110839 / Mobile: 07036708970

Twitter/Facebook: @NCDCgov WWW.NCDC.GOV.NG

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**If you have travelled recently
to a country with widespread community
transmission of COVID-19 in the last 14 days and
you have a fever, cough, or breathing difficulty,
stay home and call NCDC toll free line**



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**If you have travelled
recently from a country with widespread
community transmission of COVID-19
outbreak in the last 14 days, stay at home
and isolate yourself**



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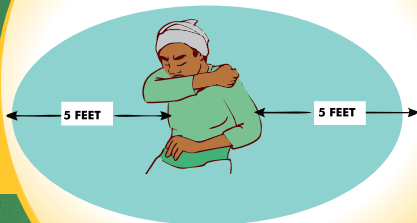
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**Maintain at
least 2 metres
distance between yourself and
anyone who is coughing or
sneezing**



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**Cover your nose
and mouth with your
bent elbow or tissue when you
cough or sneeze. Dispose properly
into a dustbin**



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OFFICIAL INFORMATION CHANNELS

FEDERAL MINISTRY OF HEALTH

**NIGERIA CENTRE FOR DISEASE
CONTROL**

STATE MINISTRY OF HEALTH

**Do not spread fake
news. These are the official
channels for COVID-19 updates**



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